

# GERONTOLOGY MINOR

## Health and Human Enrichment

Gerontology is the study of the biological, psychological, and social dimensions of aging. In addition to examining biopsychosocial changes as people age, gerontologists examine the political, economic, and social implications of aging in society. The interdisciplinary minor in Gerontology gives students the opportunity to understand the aging process and develop an understanding of policies, programs, and social needs in an aging society.

Please see complete information on all of the requirements (<https://coursecatalog.plymouth.edu/undergraduate-programs/minors/>) to earn a minor at Plymouth State University.

Course	Title	Credits
<b>Minor Requirements</b>		
SW 2200	Introduction to Social Work	4
PS 2015	Introduction to General Psychology	4
or PS 2055	Lifespan Developmental Psychology	
PS 3565	Adulthood and Aging	4
or SW 3050	Perspectives on Aging (WECO)	
Select two of the following:		6-7
HE 3220	Applied Nutrition for Healthy Living (TECO)	
PBH 3400	Program Planning for Public Health (WRCO)	
SW 3500	Health and Society (GACO,WECO)	
<b>Total Credits</b>		<b>18-19</b>

*Note: Psychology majors and Social Work majors can take no more than four credits in their discipline for this minor. Introduction to Social Work (SW 2200) meets this requirement for Social Work majors.*