# **PSYCHOLOGY (BS)**

#### Health and Human Enrichment

As a Plymouth State psychology major you will engage in wide-ranging study of the mind, brain, and behavior, exploring why people act and think the way they do as you gain an extensive understanding of this fascinating field. Students choose from among three options: Developmental Psychology, Mental Health, 3+2 Mental Health Counseling, or 3+4 School Psychology.

#### **Developmental Psychology**

Students interested in human development can take courses on childhood, adolescent, and adult and aging issues.

#### Mental Health

The mental health option helps prepare students for work in a clinical setting as a counselor or therapist. Students take courses related to psychopathology, community mental health, and the treatment of psychological disorders. Students who earn a bachelor's degree are prepared for entry-level employment as case managers or can pursue a graduate degree to be a licensed clinician.

#### 3+2 Mental Health Counseling

Qualified PSU students who are majoring in Psychology can enter our accelerated program to become a licensed clinical mental health counselor in just five years. Students who have completed all prerequisite courses and have a minimum 3.5 GPA at the end of their 3rd year of study will be given special consideration for early entry into the Master of Science degree program in Clinical Mental Health Counseling beginning in their 4th year of study. The MS degree program is a twoyear program constituted of years four and five for a student who entered the 3+2 program. Students who complete all requirements will earn the Bachelor of Science in Psychology with option in Mental Health at the completion of year four and the Master of Science in Clinical Mental Health Counseling at the completion of year five.

#### 3+4 School Psychology

Qualified PSU students who are majoring in Psychology can enter our program to become a licensed school psychologist. Students who have completed all prerequisite courses and have a minimum 3.5 GPA at the end of their 3rd year of study will be given special consideration for early entry into the nationally accredited degree program in School Psychology beginning in their 4th year of study. Students will complete 3 years of graduate study and then a one-year, paid internship. Students who complete all requirements will earn the Bachelor of Science in Psychology with option in Mental Health at the completion of year four and the Master of Education (MEd) and Education Specialist (EdS) degrees in year 7.

### **Degree Requirements**

Course	Title	Credits
Major Requireme	ents	
PS 2015	Introduction to General Psychology	4
PS 2115	Introduction to Research Methods	2
PS 3115	Research Methods and Statistics I (QRCO,TECO	) 4
PS 3125	Research Methods and Statistics II (WRCO)	4
PS 3605	Behavioral Neuroscience	4

#### Group A

Group A		
Complete 8 credit	s from the following:	8
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 3035	Social Psychology	
Capstone		
Complete 4 credit	s from the following:	4
PS 4365	Internship in Psychology	
PS 4405	Psychology Seminar	
PS 4945	Independent Research in Psychology	
General Education education/)	n (https://coursecatalog.plymouth.edu/general-	
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
MA (https:// coursecatalog.ply general- education/ #MATH)	Mathematics Foundations 1	3-4
CTDI (https:// coursecatalog.ply general- education/#CTDI)		3-4
PPDI (https:// coursecatalog.ply general- education/ #PPDI)	Past and Present Direction	3-4
SIDI (https:// coursecatalog.ply general- education/#SIDI)	Scientific Inquiry Direction /mouth.edu/	3-4
SSDI (https:// coursecatalog.ply general- education/ #SSDI)	Self and Society Direction	3-4
Directions (choos coursecatalog.ply	e from CTDI, PPDI, SIDI, SSDI) (https:// /mouth.edu/general-education/) <sup>1</sup>	4-8
DICO (https:// coursecatalog.ply general- education/ #DICO)	Diversity Connection	3-4
GACO (https:// coursecatalog.ply general- education/ #GACO)	Global Awareness Connection mouth.edu/	3-4
INCP (https:// coursecatalog.ply general- education/ #INCP)	Integrated Capstone 1	4

WECO (https:// Wellness Connection coursecatalog.plymouth.edu/ general-	3-4
education/ #WECO)	
Option Requirements	
Complete one from the following required options:	38-50
General	
Mental Health	
3+2 in Mental Health Counseling	
3+3 in School Psychology	
Total Credits	120

1 Directions should total 20 credits (unless the major has a waiver for a specific Direction).

# **General Option of BS Psychology**

Course	Title	Credits
PS	Any Psychology course (not PSDI)	6
Complete 12 cred	lits from the following:	12
PS	Psychology electives (3000-level or above)	
CJ 3025	Forensic Science	
PY 3365	Ethics and Psychology (WECO)	
SW 3140	Child Welfare and Family Services	
or SW 3300	Mental Health and Society (GACO)	
or PBH 321	0 Social and Behavioral Health Psychology	
Electives		20-32
Total Credits		38-50

# Mental Health Option of BS Psychology

Course	Title	Credits
<b>Option Requirem</b>	ents	
PS 2055	Lifespan Developmental Psychology	4
PS 3325	Psychopathology	4
Group B		
Complete 7 credit	s in the following:	7
PS 3010	Positive Psychology	
PS 3630	Psychology of Addiction	
PS 4335	Community Mental Health	
or SW 3140	Child Welfare and Family Services	
or SW 3300	Mental Health and Society (GACO)	
or PBH 3210	OSocial and Behavioral Health Psychology	
PS 4355	Treatment of Psychological Disorders	
PS 4445	Psychological Measurement	
Electives		23-35
Total Credits		38-50

### 3+2 Option in Mental Health Counseling

Course	Title	Credits
Pre-Mental Hea	Ith Counseling Option Requirements	
PS 2055	Lifespan Developmental Psychology	4
PS 3325	Psychopathology	4

Group B		
Complete 7 credit	s in the following:	7
PS 3010	Positive Psychology	
PS 3630	Psychology of Addiction	
PS 4335	Community Mental Health	
or SW 3140	Child Welfare and Family Services	
or SW 3300	Mental Health and Society (GACO)	
or PBH 3210	Social and Behavioral Health Psychology	
PS 4355	Treatment of Psychological Disorders	
PS 4445	Psychological Measurement	
3+2 in Mental Hea	alth Counseling courses <sup>1</sup>	
Complete 30 cred	its in the following:	30
CO 5010	Professional Orientation and Ethics	
CO 5020	Counseling Skills	
CO 5040	Diversity and Advocacy in Helping Relationships	
CO 5050	Advanced Human Development	
CO 5070	Research Design in the Helping Professions	
CO 5100	Practicum	
CO 5130	Psychopharmacology and the Biological Basis of Mental Health	
CO 5230	Career Counseling and Development	
CO 5260	Counseling Theories and Personality	
CO 5430	Assessment for Counselors (Group B)	
CO 5460	Group Counseling	
CO 5600	Foundations of Clinical Mental Health Counseling	
CO 5670	Working with Children and Families	
CO 5710	Crisis and Trauma Counseling	
CO 5720	Addictions & Related Disorders	
CO 5770	Psychopathology: Disorders of Childhood, Adolescence and Adulthood	
CO 5790	Assessment, Diagnosis, and Treatment Planning	
CO 5880	Seminar and Internship in Mental Health Counseling	
Total Credits		45

<sup>1</sup> Minimum cumulative GPA of 3.5 required for early application to the graduate program. Graduate admission required for full-time enrollment in graduate courses.

# 3+3 Option in School Psychology

Course	Title	Credits
Pre-School Psych	ology Option Requirements	
PS 2055	Lifespan Developmental Psychology	4
PS 3325	Psychopathology	4
Group B		
Complete 7 credit	s in the following:	7
PS 3010	Positive Psychology	
PS 3630	Psychology of Addiction	
PS 4335	Community Mental Health	
or SW 3140	Child Welfare and Family Services	
or SW 3300	Mental Health and Society (GACO)	
or PBH 3210	Social and Behavioral Health Psychology	
PS 4355	Treatment of Psychological Disorders	

PS 4445	Psychological Measurement	
3+3 in School P	Psychology courses <sup>1</sup>	
CO 5040	Diversity and Advocacy in Helping Relationships	3
CO 5050	Advanced Human Development	Э
CO 5070	Research Design in the Helping Professions	З
CO 5260	Counseling Theories and Personality	3
SY 5300	Foundations and Multicultural Aspects of Parenting	3
CO 5770	Psychopathology: Disorders of Childhood, Adolescence and Adulthood	З
CO 5780	Working with Youth and Systems	З
SY 6010	Foundations-School Psychology	З
Group D		
Complete 6 crea	dits from the following:	6
CO 5020	Counseling Skills	
CO 5130	Psychopharmacology and the Biological Basis of Mental Health	
CO 5650	Critical Issues in Schools	
SY 7000	Cognition and Learning: From Theory to Practice	
SY 7100	Behavioral Assessment, Analysis, and Intervention	
SY 7200	Administering Individual Intelligence Tests	
SY 7300	Educational Assessment & Consultation	
Total Credits		45

<sup>1</sup> Minimum cumulative GPA of 3.5 required for early application to the graduate program. Graduate admission required for full-time enrollment in graduate courses.

# **Recommended Course Sequence**

Check all course descriptions for prerequisites before planning course schedule. Course sequence is suggested but not required.

To complete the bachelor's degree in 4 years, you must successfully complete a minimum of 15 credits each semester or have a plan to make up credits over the course of the 4 years. For example, if you take 14 credits one semester, you need to take 16 credits in another semester. Credits completed must count toward your program requirements (major, option, minor, certificate, general education or free electives).

# **Required Options in this Major**

Complete one option

#### **Developmental Option of BS Psychology**

Check all course descriptions for prerequisites before planning course schedule. Course sequence is suggested but not required.

Course	Title	Credits
Year One		
Fall		
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
PS 2015	Introduction to General Psychology	4

SIDI (https:// coursecatalog.plymoi general-education/ #SIDI)	Scientific Inquiry Direction	3
a ·	Credits	15
Spring PS 2055	Lifeenen Develenmentel Develeleru	4
MA (https://	Lifespan Developmental Psychology Mathematics Foundations	4
coursecatalog.plymou general-education/ #MATH)		5
PPDI (https:// coursecatalog.plymor general-education/ #PPDI)	Past and Present Direction	4
SSDI (https:// coursecatalog.plymor general-education/ #SSDI)	Self and Society Direction uth.edu/	4
	Credits	15
Year Two		
Fall	Descent Male de la décidada d	
PS 3115	Research Methods and Statistics I (QRCO,TECO)	4
CTDI (https://	Creative Thought Direction	3
coursecatalog.plymor general-education/ #CTDI)		
	om CTDI, PPDI, SSDI, SSDI) (https:// uth.edu/general-education/) <sup>1</sup>	4
Electives	,	4
	Credits	15
Spring		
Choose one Developn	nental course from the following:	4
PS 3105		
PS 3175		
PS 3565	Adulthood and Aging	
PS 3125	Research Methods and Statistics II (WRCO)	4
DICO (https:// coursecatalog.plymou general-education/ #DICO) Electives	Diversity Connection uth.edu/	4
LIECTIVES	Credits	4
Year Three Fall	Creats	10
Choose one Lab cours	se from the following:	4
PS 3035	Social Psychology	
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 3605	Behavioral Neuroscience	4
INCP (https:// coursecatalog.plymor general-education/	Integrated Capstone uth.edu/	4

WECO (https:// coursecatalog.plymou general-education/ #WECO)	Wellness Connection	4
	Credits	16
Spring		
Choose one Lab cours	se from the following:	4
PS 3035	Social Psychology	
PS 3210	Learning	
PS 3220	Cognitive Psychology	
Choose one Developn	nental course from the following:	4
PS 3105		
PS 3175		
PS 3565	Adulthood and Aging	
GACO (https:// coursecatalog.plymor general-education/ #GACO)	Global Awareness Connection	4
Electives		4
Year Four Fall	Credits	16
Choose one Capstone	e course from the following:	4
PS 4365	Internship in Psychology	
PS 4405	Psychology Seminar	
PS 4945	Independent Research in Psychology	
Electives		11
Spring	Credits	15
Electives		12
	Credits	12
	Total Credits	120

 $^{1\,}$  Directions should total 20 credits (unless the major has a waiver for a specific Direction).

### Mental Health Option of BS Psychology

Check all course descriptions for prerequisites before planning course schedule. Course sequence is suggested but not required.

Course	Title	Credits
Year One		
Fall		
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
PS 2015	Introduction to General Psychology	4
SIDI (https:// coursecatalog.plymor general-education/ #SIDI)	Scientific Inquiry Direction	3
	Credits	15
Spring		
PS 2055	Lifespan Developmental Psychology	4

MA (https:// coursecatalog.plymo general-education/ #MATH)	Mathematics Foundations uth.edu/	3
PPDI (https:// coursecatalog.plymo general-education/ #PPDI)	Past and Present Direction	4
SSDI (https:// coursecatalog.plymo general-education/ #SSDI)	Self and Society Direction uth.edu/	4
	Credits	15
Year Two		
Fall		
PS 3115	Research Methods and Statistics I (QRCO,TECO)	4
CTDI (https:// coursecatalog.plymo general-education/ #CTDI)	Creative Thought Direction	3
	om CTDI, PPDI, SSDI, SSDI) (https:// uth.edu/general-education/) <sup>1</sup>	4
Electives		4
	Credits	15
Spring		
PS 3125	Research Methods and Statistics II (WRCO)	4
PS 3605	Behavioral Neuroscience	4
PS 3325	Psychopathology	4
DICO (https:// coursecatalog.plymo general-education/ #DICO)	Diversity Connection uth.edu/	4
	Credits	16
Year Three		
Fall		
Choose one Lab cour	se from the following:	4
PS 3035	Social Psychology	
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 4335	Community Mental Health	4
INCP (https:// coursecatalog.plymo general-education/ #INCP)	Integrated Capstone	4
WECO (https:// coursecatalog.plymo general-education/ #WECO)	Wellness Connection uth.edu/	4
	Credits	16
Spring		
Choose one Lab cour		
	se from the following:	4
PS 3035	se from the following: Social Psychology	4
PS 3035 PS 3210	3	4
	Social Psychology	4

GACO (https:// coursecatalog.plymo general-education/ #GACO)	Global Awareness Connection	4
Electives		4
	Credits	16
Year Four		
Fall		
Choose one Capstone	e from the following:	4
PS 4365	Internship in Psychology	
PS 4405	Psychology Seminar	
PS 4945	Independent Research in Psychology	
Electives		11
	Credits	15
Spring		
Electives		12
	Credits	12
	Total Credits	120

<sup>1</sup> Directions should total 20 credits (unless the major has a waiver for a specific Direction).

### 3+2 Clinical Mental Health

Course Year One Fall	Title	Credits
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
PS 2015	Introduction to General Psychology	4
SIDI (https:// coursecatalog.plymo general-education/ #SIDI)	Scientific Inquiry Direction L	4
	Credits	16
Spring		
PS 2055	Lifespan Developmental Psychology	4
MA (https:// coursecatalog.plymor general-education/ #MATH)	Mathematics Foundations uth.edu/	4
PPDI (https:// coursecatalog.plymo general-education/ #PPDI)	Past and Present Direction	4
SSDI (https:// coursecatalog.plymor general-education/ #SSDI)	Self and Society Direction uth.edu/	4
	Credits	16
Year Two		
Fall		
PS 3115	Research Methods and Statistics I (QRCO,TECO)	4

CTDI (https:// coursecatalog.plymc general-education/ #CTDI)	Creative Thought Direction	4
•	om CTDI, PPDI, SIDI, SSDI) (https:// outh.edu/general-education/)	4
PS 3605	Behavioral Neuroscience	4
	Credits	16
Spring		
PS 3125	Research Methods and Statistics II (WRCO)	4
WECO (https:// coursecatalog.plymo general-education/ #WECO)	Wellness Connection outh.edu/	4
PS 3325	Psychopathology	4
DICO (https://	Diversity Connection	4
coursecatalog.plymo general-education/ #DICO)	puth.edu/	
	Credits	16
Year Three		
Fall		
Choose one lab cours	se from the following:	4
PS 3035	Social Psychology	
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 4335	Community Mental Health	4
INCP (https:// coursecatalog.plymc general-education/ #INCP)	Integrated Capstone ou	4
GACO (https:// coursecatalog.plymc general-education/ #GACO)	Global Awareness Connection uth.edu/	4
	Credits	16
Spring		
Choose one Lab cour	rse from the following:	4
PS 3035	Social Psychology	
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 4355	Treatment of Psychological Disorders	4
Choose one Capston	e from the following:	4
PS 4365	Internship in Psychology	
PS 4405	Psychology Seminar	
PS 4945	Independent Research in Psychology	
Year Four	Credits	12
Fall		
CO 5010	Professional Orientation and Ethics	3
CO 5260	Counseling Theories and Personality	3
CO 5070	Research Design in the Helping Professions	3

CO 5770	Psychopathology: Disorders of Childhood, Adolescence and Adulthood	3
	Credits	12
Spring		
CO 5020	Counseling Skills	3
CO 5790	Assessment, Diagnosis, and Treatment Planning	3
CO 5230	Career Counseling and Development	3
CO 5430	Assessment for Counselors	3
	Credits	12
Summer		
CO 5040	Diversity and Advocacy in Helping Relationships	3
CO 5720	Addictions & Related Disorders	3
	Credits	6
	Total Credits	122

### 3+4 School Psychology

0	Title	Onedite
Course	litie	Credits
Year One		
Fall		
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
PS 2015	Introduction to General Psychology	4
SIDI (https:// coursecatalog.plymo general-education/ #SIDI)	Scientific Inquiry Direction ι	4
	Credits	16
Spring		
PS 2055	Lifespan Developmental Psychology	4
MA (https://	Mathematics Foundations	4
coursecatalog.plymo general-education/ #MATH)	uth.edu/	
PPDI (https:// coursecatalog.plymo general-education/ #PPDI)	Past and Present Direction L	4
SSDI (https://	Self and Society Direction	4
coursecatalog.plymo general-education/ #SSDI)	uth.edu/	
	Credits	16
Year Two		
Fall		
PS 3115	Research Methods and Statistics I (QRC0,TEC0)	4
CTDI (https:// coursecatalog.plymo general-education/ #CTDI)	Creative Thought Direction L	4
	om CTDI, PPDI, SIDI, SSDI) (https:// uth.edu/general-education/)	4

PS 3605	Behavioral Neuroscience	4
Spring	Credits	16
PS 3125	Research Methods and Statistics II (WRCO)	4
WECO (https://	Wellness Connection	4
coursecatalog.plymo general-education/ #WECO)		
PS 3325	Psychopathology	4
DICO (https:// coursecatalog.plymor general-education/ #DICO)	Diversity Connection uth.edu/	4
Year Three Fall	Credits	16
Choose one Lab from	the following:	4
PS 3035	Social Psychology	
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 4335	Community Mental Health	4
INCP (https:// coursecatalog.plymor general-education/ #INCP)	Integrated Capstone	4
GACO (https:// coursecatalog.plymor general-education/ #GACO)	Global Awareness Connection uth.edu/	4
<b>C</b> arrie a	Credits	16
Spring Choose one Lab cours	as from the following:	4
PS 3035	Social Psychology	4
PS 3210	Learning	
PS 3220	Cognitive Psychology	
PS 4355	Treatment of Psychological Disorders	4
	e from the following:	4
PS 4365	Internship in Psychology	
PS 4405	Psychology Seminar	
PS 4945	Independent Research in Psychology	
	Credits	12
Year Four Fall		
CO 5040	Diversity and Advocacy in Helping	3
00 5050	Relationships	2
CO 5050	Advanced Human Development	3
SY 6010	Foundations-School Psychology	3
0	Credits	9
<b>Spring</b> CO 5770	Psychopathology: Disorders of Childhood, Adolescence and Adulthood	3
SY 5300	Foundations and Multicultural Aspects of Parenting	3

CO 5070	Research Design in the Helping Professions	3
	Credits	9
Summer		
CO 5260	Counseling Theories and Personality	3
CO 5780	Working with Youth and Systems	3
	Credits	6
	Total Credits	116

### **Learning Outcomes**

Students of Psychology will leave PSU knowing:

- General content knowledge across the range of psychology's major subareas.
- About the Nature/Nurture issue: The degree to which any behavior, emotion or mental condition is the result of genetic (nature) or environmental influences (nurture), such as learning or exposure to situations or substances before or after birth.
- How to conduct experiments, with humans or animals, to identify factors that predict or cause changes in any type of behavior or mental process.
- How to carry out statistical analyses on data collected in the abovenoted experiments and interpret the findings.
- How to communicate the results of completed studies in writing (using American Psychological Association [APA] format) and verbally, both clearly and effectively.
- How to separate pseudoscience from legitimate scientific knowledge in the behavioral sciences as well as areas outside our field (e.g., medicine).
- How to recognize one-sided sources of information, be they political, theoretical, religious, philosophical or otherwise, and seek out balanced, ideally non-partisan sources of information on the same topics. The difference between empirical questions—those that can be answered by structured observations and organized collections of data—and philosophical questions, which generally cannot be answered empirically.
- How to design and conduct correlational/observational studies to determine which human or environmental factors are reliable predictors of behavior, and under what conditions.
- How to design and carry out "true" experiments to evaluate which human or environmental factors cause changes in behavior, and to identify how other factors might enhance or weaken the effects of the first.
- How to use statistical software (e.g., SPSS or Minitab) to analyze data from experiments or correlational studies to determine the probability that results could have occurred by chance (e.g., via an unlucky/disproportionate assignment to groups) and the strength of such associations (i.e., what proportion of behavioral variability is accounted for by our factor of interest). Students should be able to understand what the computer-generated results tell us.
- How to critically read reports of studies purporting to accomplish either of the above goals-prediction or causation-and determine whether or to what extent the conclusions are justified by the data.
- How to write clearly and convincingly about why people and animals behave the way they do. This goal applies both to communicating one's own research findings as well as to analyzing, synthesizing and summarizing the results and writings of others.

- How to verbally present to others, about one's own research or knowledge acquired by others, with the goal of educating them about the causes and correlates of human and/or animal behavior.
- How to be sensitive to the ethical considerations of conducting psychological research on human and animal subjects, and adhere to a code of conduct that includes, among other things: Always obtaining informed written consent from subjects before involving them in experiments; getting approval from any animal or human subject committees that oversee such research; and debriefing subjects once the study is completed. Researchers should also be prepared to help subjects get over any negative aftereffects of participation in a research project, such as feeling embarrassed, unintelligent, etc., especially if the study included any type of deception. In the case of deception, subjects should be thoroughly educated about why it needed to be used in the experiment.
- How to identify when correlational data is incorrectly used to support claims about causation. This very important error is pervasive in society and is especially damaging when committed by those with power to affect our lives (e.g., politicians, journalists, medical practitioners, scientists, lawyers, judges and juries). We want our majors to notice and vigorously challenge this error whenever and wherever it is encountered.
- How to perform well on tests of general content knowledge across the major subareas of psychology: learning, memory, cognition, social psychology, personality, sensation and perception, intelligence, motivation, emotion, psychological disorders and their treatment, research design and statistical analysis-and exhibit a fundamental understanding of the biological/neuroscientific bases of all the above-noted topics, as well as how they are affected by development across the lifespan (i.e., prenatal, infancy, childhood, adolescence, adulthood, aging). Along with the nature/nuture issue noted earlier, these last two italicized factors-biology/neuroscience and development across the lifespan-are dominant themes in modern psychology.
- How to be open-minded about things not yet known about human behavior and mental processes, and to resist forming premature and/ or impenetrable beliefs about such things.
- How to be critical thinkers who are not afraid to be skeptical about suspicious sounding claims, especially about causes or predictors of behavior, and who demand solid, ideally empirical, evidence before accepting such claims.
- How to be unmoved by arguments by authority figures, especially when better ways exist to get the same information (e.g., science/ empiricism).
- How to be willing to educate others about what they've learned about behavior and mental processes-whenever and wherever these topics come up. The field of psychology has begun to prioritize getting "what we know" into the public sphere, where it can and should inform public policy decisions, and students of psychology who share their knowledge are key players in this mission.
- How to be caring, empathic individuals, who, even if they've never experienced the challenges of others, particularly in the area of mental health, can nevertheless understand and appreciate what those challenges might be like. Psychology students who see others suffering from depression, anxiety, memory loss, traumatic stress disorder or any psychological challenge should be advocates for treatment and be willing to do whatever they can to encourage and help others get such help. Most psychological problems can be treated-through counseling/therapy, medication, or other approaches-but many who suffer are unaware of this, and/or

believe that to even seek treatment shows weakness. Students of psychology can make a huge difference by challenging these attitudes.

### **Career Pathways**

There are many different options for careers in Psychology. Here are some suggestions for how to begin your search:

What can I do with a degree in Psychology? – Many students do not realize how many opportunities there are in Psychology. You don't have to go to grad school.

#### **Psychology Career List**

Direct Care: Mental Health Counselor, Marriage and Family Therapist, School Psychologist, School Counselor, Recreational Therapist, Clinical Psychologist, Counseling Psychologist, Substance Abuse Counselor, Art Therapist, Social and Human Service Assistant, Fitness and Wellness Coordinator, Community Health Worker, Industrial/Organizational Psychologist, Psychiatrist, Intelligence Analyst, Forensic Science Technician, Healthcare Social Worker, Patient Representative, Genetic Counselor, Probation Officer, Administration, Operations Manager, Public Relations and Fundraising Manager, Technical Writer, Social and Community Service Manager.

**Research:** Clinical Research Coordinator, Social Science Research Assistant, Market Research Analyst, Statistician, Clinical Data Manager, Neuropsychologist, Archivist, Management Analyst, Testing/Test Development, Experimental Psychology.

**Education:** Psychology Teacher, Distance Learning Coordinator, Education Administrator, Instructional Coordinator, Tutor, Instructional Designer, Self-Enrichment Education Teachers.

Human Resources: Human Resources Specialist, Training and Development Manager, Compliance Manager, Customer Service Representative, Eligibility Interviewers, Occupational Health and Safety Specialist, Labor Relations Specialist.