

# ELEMENTARY EDUCATION AND YOUTH DEVELOPMENT (BS)

## Exploration and Discovery

The Elementary Education and Youth Development major provides foundational knowledge and skills necessary for working with and for children, youth and families in a variety of roles in schools and communities. The major has two options; Teacher Certification is for those interested in pursuing careers as elementary school teachers, while Youth Development is for students interested in any of a variety of careers outside the traditional classroom.

The Elementary Education and Youth Development program is unique in its integrated nature and emphasis on early and extensive field work. Beginning in their very first semester, students in the program are enrolled in major coursework that includes carefully supported field experiences deliberately tied to the course content and methods. Thereafter, in every semester in which a student enrolls in a major course, s/he will engage in accompanying field work. This program prepares graduates for the complex, interdisciplinary situations they will face as they work with and for children, youth and families.

Elementary Education and Youth Development centers on a carefully designed set of program outcomes that are essential for any career working with or for children, youth and families. All coursework, field work and other academic experiences in the program are intended to gradually develop skill and knowledge in the key areas listed below.

## Relationships and Empowerment

*Recognize the most important role educators and youth development professionals play in empowering children and youth, and to that end, nurture relationships that promote self-regulation, positive self-concept, coping mechanisms and skills for positive interactions.*

## Context and Diversity

*Acknowledge that child and youth development is complex, shaped by both internal and contextual factors, and work to accommodate the needs, expectations and capacities of diverse families, communities, and constituents.*

## Curriculum, Instruction, and Assessment

*Create and support meaningful and coherent learning experiences, instruction, and assessment that promote children and youth's academic success and well-being.*

## Professionalism, Leadership, and Advocacy

*Develop professional dispositions. Advocate and lead on behalf of children, youth and families.*

All Elementary Education and Youth Development majors who interact with youth through course-related field experiences, including internships, should be prepared to submit to background checks and fingerprinting prior to commencing work if required by the host site. The fee for this processing is the responsibility of the student. Each new site may require a separate fingerprinting and background check.

In order for students to participate in field experiences in diverse settings that are essential for their development as professionals, students must be willing and able to travel outside of the Plymouth area beyond walking distances. All Elementary Education and Youth Development majors should plan for and be able to secure their own transportation by the sophomore year.

## Teacher Certification Option

This option prepares elementary school teachers to have the knowledge, skills, and dispositions necessary to create learning opportunities that support students' intellectual, social, and personal development. Inherent in this professional preparation is the promotion of sensitivity to the variety of learners; understanding and respect for diversity within student populations, families, and communities; and appropriate and effective integration of technology in instruction to support students' learning. The major provides the appropriate professional and field-based experience through collaborative partnerships that enable candidates to demonstrate both content and pedagogical knowledge in an elementary learning environment.

Students must apply and be accepted to the Teacher Certification option after completing 45 credits with a minimum 3.00 cumulative GPA. Students must be admitted to teacher candidacy which requires passing scores on the Praxis Core. Students must maintain a 3.00 cumulative GPA throughout the program and meet dispositional standards. All full-time or part-time matriculated candidates in this option are expected to make satisfactory academic progress toward their academic goals.

Completion of this K-6 program is the foundation for a K-8 certification. Additionally, to be certified as an elementary teacher for grades K-8, candidates must complete a content concentration in a core subject-area (English language arts, mathematics, science, or social studies), as defined by the most current New Hampshire Department of Education standards, and earn a passing score for the middle school Praxis II exam for their chosen field. Requirements for certification may change, subject to changes made by the New Hampshire Department of Education. Teacher candidates can find the most current New Hampshire Department of Education standards at [education.nh.gov/index.htm](http://education.nh.gov/index.htm) (<http://education.nh.gov/>).

The Educator Preparation programs at Plymouth State University are approved by the New Hampshire Department of Education. The University is a member of the American Association of Colleges of Teacher Education (AACTE). Because of New Hampshire's membership in the Interstate Certification Contract, Plymouth graduates are eligible to earn a certificate or license in another Contract state upon application to that state's department of education. Receiving states may have a difference in elementary grade range and may impose certain special requirements that must be met within a reasonable period of time. For further information, please see the Holmes Center for School Partnerships and Educator Preparation section in this Catalog.

All teacher candidates who interact with students in public school settings through course-related field experiences, including Elementary Internship in Teaching, are subject to New Hampshire state legislation that requires a full disclosure criminal records check. This may include fingerprinting. The processing of the criminal records check is conducted at the site school before the clinical experience begins. The fee for this processing is the responsibility of the teacher candidate and is paid directly to the school district. Each new site will require a separate fingerprinting and background check. Inquiries should be directed to the Holmes Center for School Partnerships and Educator Preparation.

## Youth Development Option

Students who complete the Youth Development option pursue a variety of careers working with and for children, youth and families. Option graduates pursue careers and graduate education in a wide array of areas including informal education and afterschool programming; tourism, recreation and coaching; social work; special education; marriage and family therapy or school counseling; youth advocacy and case management; child life; non-profit work; and social services.

This option is flexible by design, with many free elective credits. Students are strongly encouraged to choose a minor or focused set of courses and select an internship placement that combines the skills and knowledge from all coursework to further focus their professional preparation. Career advising occurs throughout foundational and advanced coursework as well as through discussion with faculty responsible for field placements.

The Youth Development and Education program culminates in a professional degree; any meaningful professional degree includes hands-on learning and practical experience in the field. Within the program, the field experiences are designed to allow students to explore possible career interests, gain professional skills, receive feedback on their preparation and performance, and develop connections that enhance their professional networks. Field experiences allow developing professionals the opportunity to bring new perspectives to their classroom discussions and coursework, and to apply concepts and skills gained during their classroom experiences.

Students may declare the Youth Development option of the Elementary Education and Youth Development major as early as their first semester.

## Pre-Teacher Certification Option

Upon being accepted to PSU and the Elementary Education and Youth Development program, those students wishing to pursue Teacher Certification will be admitted to the Pre-Teacher Certification Option in order to begin their studies. Once students meet the requirements and apply to be admitted to the Teacher Certification Option they will be permitted to switch options and complete their degree in the Teacher Certification Option. Those students who do not meet the requirements for Teacher Certification will be encouraged to pursue the Youth Development Option instead.

## Marriage and Family Therapy 3+2

The Youth Development and Marriage and Family Therapy 3+2 (YDMFT) program is a five-year dual degree program. Students spend the initial three years pursuing a Bachelor of Science (BS) degree in the Youth Development Option of the Elementary Education and Youth Development program and the final two years completing the requirements of a Master of Science (MS) in Marriage and Family Therapy. After five years, students will have completed a BS in Elementary Education and Youth Development and an MS in Marriage and Family Therapy.

The **Youth Development Option** of the **BS in Elementary Education and Youth Development** prepares students for a variety of careers working with children, adolescents, and families. This flexible undergraduate degree allows for meaningful coursework, pedagogy centered on applying concepts to youth and their families, and hands on learning. The **MS in Marriage and Family Therapy** provides the knowledge and skills needed to become a licensed marriage and family therapist (LMFT) and an American Association of Marriage and Family Therapy (AAMFT) Clinical Member. A marriage and family therapists are licensed masters level

helping professionals who are trained to intervene in human problems in a holistic way. Specifically, marriage and family therapists are trained in various theories and methods stemming from a model of understanding human interaction called **systems theory**. This program will prepare graduates to work in private practice, counseling centers, mental health agencies, hospitals, family service clinics, shelters, schools, and state departments for children and family services.

## Degree Requirements

### Core Courses and General Education

Course	Title	Credits
<b>Major Requirements</b>		
ED 1500	Foundations of Education	4
ED 2400	Child and Youth Development in Context (WECO)	4
ED 2401	Child and Youth Development Fieldwork	0
ED 2600	Learning and Development (WRCO)	4
ED 2800	Inclusive Education and Technology (TECO)	4
ED 3000	Identity in a Diverse Society (DICO)	4
ED 3500	Project Based Learning and Design Thinking	4
<b>Choose One of the Following Four Options to Complete:</b>		<b>28-42</b>
Teacher Certification (42 credits)		
Youth Development (28-30 credits)		
Marriage and Family Therapy 3+2 (40-42 credits)		
Pre-Teacher Certification (12 credits)		
General Education ( <a href="https://coursecatalog.plymouth.edu/general-education/">https://coursecatalog.plymouth.edu/general-education/</a> )		
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
CTDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#CTDI">https://coursecatalog.plymouth.edu/general-education/#CTDI</a> )	Creative Thought Direction	3-4
PPDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#PPDI">https://coursecatalog.plymouth.edu/general-education/#PPDI</a> )	Past and Present Direction	3-4
SIDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SIDI">https://coursecatalog.plymouth.edu/general-education/#SIDI</a> )	Scientific Inquiry Direction	3-4
SSDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SSDI">https://coursecatalog.plymouth.edu/general-education/#SSDI</a> )	Self and Society Direction	3-4
Directions (choose from CTDI, PPDI, SIDI, SSDI) ( <a href="https://coursecatalog.plymouth.edu/general-education/">https://coursecatalog.plymouth.edu/general-education/</a> ) <sup>1</sup>		4-8
GACO ( <a href="https://coursecatalog.plymouth.edu/general-education/#GACO">https://coursecatalog.plymouth.edu/general-education/#GACO</a> )	Global Awareness Connection	3-4

INCP (<https://coursecatalog.plymouth.edu/general-education/#INCP>)

Free Elective Credits	18-49
<b>Total Credits</b>	<b>120</b>

## Teacher Certification Option <sup>2</sup>

Course	Title	Credits
MA 2110	Mathematics for PreK-Grade 3 Educators	4
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	4
ED 3010	Designing Positive Learning Environments	4
ED 3030	Social Studies for Elementary Educators	3
ED 3040	Science for Elementary Educators	3
ED 3150	Early Literacy	4
ED 4200	Integrated Methods: Teaching for Authentic Understanding	9
ED 4210	Integrated Methods Practicum	3
ED 4400	Elementary Internship in Teaching	12
ED 4450	Elementary Education Internship Seminar	2
<b>Free Electives</b>		<b>12-13</b>
<b>Total Credits</b>		<b>60-61</b>

## Youth Development Option

Course	Title	Credits
Any Math Foundations		3-4
Choose one QRCO:		3-4
MA 1900	Statistical Literacy in Today's Society (QRCO)	
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	
MA 2300	Statistics I (QRCO)	
HW 3705	Social Statistics (QRCO)	
ED 2550	Mentoring & Empowering Youth	2
ED 3020	Competencies for Youth Development Professionals	4
ED 3550	Leadership and Advocacy	4
ED 4240	Youth Development Seminar	3
<b>Free Elective Credits</b>		<b>31-34</b>
ED 4335	Youth Development Internship	8
<b>Total Credits</b>		<b>58-63</b>

## Marriage and Family Therapy 3+2 Option <sup>3</sup>

BS year four requirements for students planning to continue on to the MS are listed here. Additional details and full requirements of the MS in Marriage and Family Therapy can be found here (<https://coursecatalog.plymouth.edu/graduate-programs/marriage-family-therapy-ms/>).

Course	Title	Credits
Any Math Foundations		3-4
Choose one QRCO:		3-4
MA 1900	Statistical Literacy in Today's Society (QRCO)	
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	
MA 2300	Statistics I (QRCO)	

HW 3705	Social Statistics (QRCO)	
ED 2550	Mentoring & Empowering Youth	2
ED 3020	Competencies for Youth Development Professionals	4
ED 3550	Leadership and Advocacy	4
Year Four Courses Below:		
MFT 5030	Foundations and Ethics in Marriage and Family Therapy	3
CO 5770	Psychopathology: Disorders of Childhood, Adolescence and Adulthood	3
CO 5790	Assessment, Diagnosis, and Treatment Planning	3
MFT 5010	Foundational Methods in Marriage and Family Therapy	3
CO 5130	Psychopharmacology and the Biological Basis of Mental Health	3
CO 5020	Counseling Skills	3
CO 5430	Assessment for Counselors	3
MFT 5100	Practicum	3
<b>Free Elective Credits</b>		<b>18-20</b>
<b>Total Credits</b>		<b>58-62</b>

## Pre-Teacher Certification <sup>4</sup>

Course	Title	Credits
ED 1050	Core Skills for Educators	1
MA 2110	Mathematics for PreK-Grade 3 Educators	4
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	4
ED 3010	Designing Positive Learning Environments	4
<b>Free Electives</b>		<b>48-49</b>
<b>Total Credits</b>		<b>61-62</b>

## Non-Certification Option <sup>5</sup>

Course	Title	Credits
MA 2110	Mathematics for PreK-Grade 3 Educators	4
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	4
ED 3010	Designing Positive Learning Environments	4
ED 3150	Early Literacy	4
ED 4200	Integrated Methods: Teaching for Authentic Understanding	9
ED 4210	Integrated Methods Practicum	3
<b>Free Electives</b>		<b>32-33</b>
<b>Total Credits</b>		<b>60-61</b>

<sup>1</sup> Directions should total 20 credits (unless the major has a waiver for a specific Direction).

<sup>2</sup> Note: This option requires formal admission by or during the Junior Year. In order to declare the Teacher Certification Option students must pass the Praxis Core, earn a 3.0 GPA during their initial 45 credits, and successfully apply for Teacher Candidacy through the Holmes Center. Students must maintain a 3.0 GPA and meet program benchmarks to remain in the program.

<sup>3</sup> Note: This option requires formal admission by the end of the junior year. Requirements include a minimum 3.0 GPA and acceptance into the MS in Marriage and Family Therapy program.

- <sup>4</sup> The Pre-Teacher Certification Track Option is for students who intend to pursue the Teacher Certification Option but have not yet met the requirements for admission.
- <sup>5</sup> Note: To graduate with a “Bachelor’s degree in Elementary Education and Youth Development with the Teacher Certification Option” and to be eligible for teacher certification, students must successfully complete Elementary Internship in Teaching (ED 4400). Those who instead complete Education Practicum: (Topic) (ED 4230) or who, after completion of all other Teacher Certification course work, do not complete a Teaching Internship will be allowed to change to the Non-Certification Option of the Elementary Education and Youth Development major in order to graduate on time.

Recommended Course Sequence

Check all course descriptions for prerequisites before planning course schedule. Course sequence is suggested but not required.

To complete the bachelor’s degree in 4 years, you must successfully complete a minimum of 15 credits each semester or have a plan to make up credits over the course of the 4 years. For example, if you take 14 credits one semester, you need to take 16 credits in another semester. Credits completed must count toward your program requirements (major, option, minor, certificate, general education or free electives).

Teacher Certification Option

Course	Title	Credits
Year One		
Fall		
ED 1500	Foundations of Education	4
IS 1115	Tackling a Wicked Problem	4
EN 1400	Composition	4
MA 2110	Mathematics for PreK-Grade 3 Educators	4
Credits		16
Spring		
ED 2400	Child and Youth Development in Context (WECO)	4
PPDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#PPDI">https://coursecatalog.plymouth.edu/general-education/#PPDI</a> )	Past and Present Direction	3-4
CTDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#CTDI">https://coursecatalog.plymouth.edu/general-education/#CTDI</a> )	Creative Thought Direction	3-4
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	4
Credits		14-16
Year Two		
Fall		
ED 2600	Learning and Development (WRCO)	4
SIDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SIDI">https://coursecatalog.plymouth.edu/general-education/#SIDI</a> )	Scientific Inquiry Direction	3-4

SSDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SSDI">https://coursecatalog.plymouth.edu/general-education/#SSDI</a> )	Self and Society Direction	3-4
Electives		3-4
Credits		13-16
Spring		
ED 2800	Inclusive Education and Technology (TECO)	4
Directions (choose from CTDI, PPDI, SIDI, SSDI) ( <a href="https://coursecatalog.plymouth.edu/general-education/">https://coursecatalog.plymouth.edu/general-education/</a> )		3-4
GACO ( <a href="https://coursecatalog.plymouth.edu/general-education/#GACO">https://coursecatalog.plymouth.edu/general-education/#GACO</a> )	Global Awareness Connection	3-4
Electives		3-4
Credits		13-16
Year Three		
Fall		
ED 3000	Identity in a Diverse Society (DICO)	4
ED 3010	Designing Positive Learning Environments	4
INCP ( <a href="https://coursecatalog.plymouth.edu/general-education/#INCP">https://coursecatalog.plymouth.edu/general-education/#INCP</a> )	Integrated Capstone	3-4
Electives		3-4
Credits		14-16
Spring		
ED 3500	Project Based Learning and Design Thinking	4
ED 3150	Early Literacy	4
Electives		6-8
Credits		14-16
Year Four		
Fall		
ED 4200	Integrated Methods: Teaching for Authentic Understanding	9
ED 4210	Integrated Methods Practicum	3
Electives		3-4
Credits		15-16
Spring		
ED 4400	Elementary Internship in Teaching	12
ED 4450	Elementary Education Internship Seminar	2
Credits		14
Total Credits		120

Youth Development Option

Course	Title	Credits
Year One		
Fall		
ED 1500	Foundations of Education	4
IS 1115	Tackling a Wicked Problem	4
EN 1400	Composition	4
Math Foundations Choice		4
Credits		16

**Spring**

ED 2400	Child and Youth Development in Context (WECO)	4
PPDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#PPDI">https://coursecatalog.plymouth.edu/general-education/#PPDI</a> )	Past and Present Direction	3-4
CTDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#CTDI">https://coursecatalog.plymouth.edu/general-education/#CTDI</a> )	Creative Thought Direction	3-4
Choose one QRCO:		3-4
MA 1900	Statistical Literacy in Today's Society (QRCO)	
MA 2120	Mathematics for Grades 4-6 Educators (QRCO)	
MA 2300	Statistics I (QRCO)	
SS 3705	Social Statistics (QRCO)	
SW 3705	Social Statistics (QRCO)	
<b>Credits</b>		<b>13-16</b>

**Year Two****Fall**

ED 2600	Learning and Development (WRCO)	4
SIDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SIDI">https://coursecatalog.plymouth.edu/general-education/#SIDI</a> )	Scientific Inquiry Direction	3-4
GACO ( <a href="https://coursecatalog.plymouth.edu/general-education/#GACO">https://coursecatalog.plymouth.edu/general-education/#GACO</a> )	Global Awareness Connection	3-4
Electives		3-4
<b>Credits</b>		<b>13-16</b>

**Spring**

ED 2800	Inclusive Education and Technology (TECO)	4
Directions (choose from CTDI, PPDI, SIDI, SSDI) ( <a href="https://coursecatalog.plymouth.edu/general-education/">https://coursecatalog.plymouth.edu/general-education/</a> )		6-8
GACO ( <a href="https://coursecatalog.plymouth.edu/general-education/#GACO">https://coursecatalog.plymouth.edu/general-education/#GACO</a> )	Global Awareness Connection	3-4
<b>Credits</b>		<b>13-16</b>

**Year Three****Fall**

ED 3000	Identity in a Diverse Society (DICO)	4
ED 3020	Competencies for Youth Development Professionals	4
INCP ( <a href="https://coursecatalog.plymouth.edu/general-education/#INCP">https://coursecatalog.plymouth.edu/general-education/#INCP</a> )	Integrated Capstone	4
Electives		3-4
<b>Credits</b>		<b>15-16</b>

**Spring**

ED 3500	Project Based Learning and Design Thinking	4
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ED 3550	Leadership and Advocacy	4
Electives		6-8
<b>Credits</b>		<b>14-16</b>

**Year Four****Fall**

ED 4240	Youth Development Seminar	3
ED 4335	Youth Development Internship	8
<b>Credits</b>		<b>11</b>

**Spring**

Electives <sup>1</sup>		15-16
<b>Credits</b>		<b>15-16</b>
<b>Total Credits</b>		<b>120</b>

<sup>1</sup> Complete remaining course work for minor(s) and free elective credits needed to graduate.

## Learning Outcomes

- Communicate and collaborate effectively with children, families, colleagues and administrators.
- Select, plan, facilitate and evaluate developmentally appropriate learning experiences for students in grades K-8.
- Recognize individual differences and modify activities to meet a variety of learner needs.
- Be aware of and respect diversity in all its forms.
- Find, evaluate and utilize information from a variety of sources.
- Display conduct characteristic of developing professionals.
- Know, understand, and use formal and informal assessment strategies to plan, evaluate and strengthen instruction that will promote learning.
- Demonstrate a high level of competence in literacy, science, math, social studies and the arts.

## Career Pathways

Among other things, our majors become ...

- Elementary Educators
- Youth Development Professionals
- After School Program Counselors
- Residential Counselors
- Educational Consultants
- Program Facilitators and Administrators
- Family Support Staff
- Policy Advocates