

# COACHING (CC)

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## **CC 2540 Coaching Effectiveness (3)**

An overview of basic theories and coaching applications in sport philosophy, sport psychology, sport pedagogy, sport medicine, and sport management. With each major area, the physical, cognitive, social and/or psychological characteristics of youth are examined for the purpose of understanding their behavior in sport and physical activity settings. Prepares students for the American Sport Education Program (ASEP) Coaching Effectiveness examination. Students who successfully complete the ASEP examination will obtain the ASEP Bronze Level Coaching Principles qualification. Falls.

## **CC 2660 Basic Athletic Training (2)**

An introduction to athletic training skills. Emphasizes the mechanism, treatment, prevention and taping techniques of common athletic injuries. Spring of odd years.

## **CC 3200 Applied Sport Coaching (1)**

A culminating experience-based capstone course for the coaching minor only. Students are required to complete a minimum 40 hour coaching experience which includes 5 hours of a blended seminar. Falls and Springs.

Prerequisite(s): Coaching minors only; CC 2540 and the successful completion of American Sport Education Program (ASEP) Coaching Effectiveness examination; and First Aid CPR/AED certification.

## **CC 3780 Sport in Society (3)**

Examines the role of sport in society by studying sociological theories and using critical thinking skills to analyze social issues in sport. Analyzes social institutions including politics, economics, education, family, media, religion, moral development, and especially race, class, and gender. Falls and Springs.

## **CC 3860 Psychological Aspects of Sports (3)**

Examination of the psychological impact sports and competition has upon individuals and groups. Examines problems of motivation, discipline, stress and anxiety associated with competition. Spring of odd years.

## **CC 3880 Coaching Practicum (1-3)**

Designed to give students a practical experience that is supervised and controlled by the HHP Department. May be repeated for a maximum of 12 credits. Practicum arrangements must be completed with the Coaching Minor Coordinator at least 1 semester prior to the beginning of the Practice. Pass/No Pass. Falls and Springs.

Prerequisite(s): Coaching minors only; CC 2524 and the successful completion of American Sport Education Program (ASEP) Coaching Effectiveness examination; First Aid CPR/AED certification; minimum 2.00 cumulative GPA; approval of the HHP Coaching Minor Coordinator and the Department Chair.

## **CC 4880 Coaching Internship (4-12)**

For students desiring a culminating capstone coaching experience. The Internship must be approved, supervised, and evaluated by the HHP Department. May be repeated for a maximum of 12 credits. Internship arrangements must be completed with the Coaching Minor Coordinator at least 1 semester prior to the beginning of the Internship. Falls and Springs. Prerequisite(s): Coaching minors only; CC 2524 and the successful completion of American Sport Education Program (ASEP) Coaching Effectiveness examination; First Aid & CPR/AED certification; minimum 2.70 cumulative GPA; approval of the HHP Coaching Minor coordinator, the mentoring coach, and the Department Chair.