

# MARRIAGE AND FAMILY THERAPY (MFT)

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## **MFT 5010 Foundational Methods in Marriage and Family Therapy (3)**

The course is designed to help students develop basic couple, marriage, and family skills and techniques. The course expands on the couple and family therapy models presented in CO 5670. Training activities include diagnosis, assessment, case conceptualizations, case presentations, technique demonstration and application, digital recording of skill application, and case analysis. Required course for MS in Marriage and Family Therapy. Professor permission required for students not matriculated into the counselor education and school psychology department. Not open to students who have earned credit for CFT 5010.

## **MFT 5020 Current Issues in Marriage and Family Therapy (3)**

This course covers current issues, emerging trends, and research in the field of marriage and family therapy. It explores the contemporary family and couple across cultural contexts. Lastly, the course reviews interventions utilized within contemporary relational issues, pathology, and behaviors. Required course for MS in Marriage and Family Therapy. Professor permission required for students not matriculated into the counselor education and school psychology department. Not open to students who have earned credit for CFT 5020.

## **MFT 5030 Foundations and Ethics in Marriage and Family Therapy (3)**

The course examines the foundational ethical, legal, professional identity, cultural competency and professional issues in marriage and family therapy. It emphasizes the importance of self-awareness and its relationship to effective marriage and family therapy. This course will review foundational concepts of systemic theory and their application to the professional identity of marriage and family therapists. Required course for MS in Marriage and Family Therapy. Professor permission required for students not matriculated into the counselor education and school psychology department. Not open to students who have earned credit for CFT 5030.

## **MFT 5040 Human Sexuality (3)**

Examines the place of sexuality in human life including development, cultural, psychological, biological, relational, and spiritual factors. Pays special attention to the issues of gender, intimacy and sexual functioning from a psychotherapeutic perspective; also focuses on diagnosing and treating sexual dysfunction and examining the role of sexuality in relationships.

Prerequisite(s) or Corequisite(s): CFT 5030 or MFT 5030 or CO 5010. Not open to students who have earned credit for CFT 5040.

## **MFT 5100 Practicum (3)**

A 100-hour field-based experience focusing on developing competency in basic skills in marriage and family therapy. Students will complete field experiences in approved community sites and participate in required on-site and university supervision. Successful completion of at least 100 hours of field work, including 40 hours of direct client contact.

Prerequisite(s): CO 5670, CO 5040, CO 5790, CO 5020, CO 5430, CO 5770, MFT 5010, MFT 5020, and MFT 5030.

## **MFT 5900 Seminar and Internship in Marriage and Family Therapy (1-9)**

Students in the Master of Science in Marriage and Family Therapy must complete 460 direct client contact hours and 440 in-direct hours. 250 of the direct contact hours must be relational hours. Students enrolled in the Certificate in Marriage and Family Therapy, must complete at least 300 hours of direct client contact. At least 150 hours must be relational. Pass/No Pass.